It is May and that means students are busy wrapping up mid-terms, making summer plans, and getting ready for our 32nd Annual Sun God Festival which will take place on Friday, May 16th.

The Sun God Festival is an annual tradition at UC San Diego. Put on by Associated Students, the festival contains a fair, as well as multiple stages which feature both art and musical performances. This year students and administrators have worked closely to ensure a fun and safe event for all who attend.

You should have received an email from Interim Vice Chancellor of Student Affairs Alan Houston in March encouraging you to talk to your students about Sun God and about making healthy choices, especially when it comes to alcohol. I encourage you to visit this page and talk to your student about Sun God Safety and read the tips from Student Health Services on page four of this newsletter.

Happy Reading!

Laci Weeden
Director, Parent & Family Programs

The Return on Investment of a UC San Diego Degree

As parents, you know very well that UC San Diego students are smart and driven. They study hard and go above and beyond to achieve their goals. After long hours in the library or lab, it’s reassuring to know that the investment in obtaining a UC San Diego degree will pay off in the end.

In “The Rising Cost of Not Going to College,” released in early 2014, the Pew Research Center details some of the advantages that college (continued on page 3)
Triton Summer Experience: A Family Experience You Will Remember for a Lifetime

The Triton Summer Experience is an unforgettable program for those twelve and older who enjoy education through observation, interaction, and experimentation. Get an in depth view of the UC San Diego campus while staying in the modern, scenic-view Village apartments, a wonderful place to relax after engaging in a variety of arts- and science-based academic workshops.

- Play the role of underwater researcher with The Southwest Fisheries Science Center and the Scripps Institution of Oceanography
- Engage in theater and art with the La Jolla Playhouse and Stuart Collection
- Simulate a futuristic surgery with robotics, or visualize art and science in 3D at Calit2
- Hit the trails at Torrey Pines, take a surf lesson, or simply meditate

The Triton Summer Experience is perfect for students and parents wanting to check out the University beyond the basic campus tour. It is also ideal for family reunions and get-togethers, allowing you to show off the UC San Diego campus in a thoroughly unique way to friends and family.

To learn more visit hdh.ucsd.edu/tse or call 858-534-4220

UCSD Triton Grad Packs

Check out the savings on all three Triton Grad Packs. Each one is bundled with varying levels of benefits and deals. Every Triton Grad Pack includes cap, gown and tassel you keep, commencement fee, alumni license frame, alumni benefits, coupons and more. The Ultra Triton Grad Pack provides the best value - saving you $1,567.78. Grad Packs are for sale online through midnight, June 1 and inside the store through June 15.

The UCSD Bookstore has so many things that matter at this special time in your graduate’s life. Visit: ucsandiegobookstore.com/t-gradpack.aspx

Photo by Erik Jepsen/UC San Diego Publications

Happy Mother’s Day to all of our families!
(Continued from Page 1)

graduates have today compared to their peers who only have a high school diploma. The study reports that the earnings gap between young adults ages 25-32 with only a high school diploma and those with a college degree widened from $7,449 in 1965 to $14,245 for late baby boomers in 1986 and to $17,500 for millennials in 2013. In addition, today’s college graduates are more likely to say that their job is a career or a stepping stone to a career than their peers without college degrees (86 percent compared to 57 percent). While recent graduates may face more challenges entering the workforce than previous generations, a college degree continues to be a valuable asset. Moreover, UC San Diego is ranked among the nation’s best colleges, both for its academic prowess and the success of its graduates.

Earlier this year, PayScale ranked UC San Diego 15th best public university for its return on investment (ROI) for alumni who are California residents. In addition, the campus is listed as having the 10th best ROI, out of 434 public colleges, for mid-career (15 years of experience) alumni who earn on average more than $100,000 annually.

“At UC San Diego, we provide a diverse, high-quality education that prepares our students and alumni for successful careers,” said Chancellor Pradeep K. Khosla upon the announcement of the PayScale ranking. “In turn, our graduates give back to our community and world through their chosen fields, carrying on UC San Diego’s tradition of education, research, service and patient care.”

Part of what makes a UC San Diego education valuable is the opportunities available outside of the classroom. Our undergraduates are encouraged to delve into hands-on research alongside world-renowned faculty, study or intern abroad, participate in leadership programs, volunteer in the community and take advantage of other student activities that benefit their personal and professional growth. These activities complement the academic training at UC San Diego and they give students an edge when applying for a job or graduate school.

The UC San Diego Parents Innovation Fund plays a vital role in student educational enrichment programs and resources. These flexible funds enable the campus to respond to the greatest needs of students, providing everything from health and wellness resources to undergraduate scholarships. They also make special student programs possible, such as guest lectures from leading researchers and industry professionals.

Parent and family contributions help to ensure a well-rounded college experience and supportive environment for UC San Diego students to succeed. To learn more about the impact of private support and to make a gift to the Parents Innovation Fund, visit parentfamilygiving.ucsd.edu or contact Paulyne Becerra, senior director of development and community engagement, at (858) 534-7424 or pbecerra@ucsd.edu.
Time Flies When You’re Having Fun!!

Another Milestone Another Year!

A big event is coming up that marks the near end of another academic year at UC San Diego - the Sun God Festival is on May 16, 2014! This valued tradition is a day when undergrads put down their books and enjoy an afternoon and evening of festivities, music and entertainment.

Here are some tips to share with your student:

- Remind them of the importance of staying hydrated and eating well throughout the long (most likely warm) day and evening of festivities.
- Make sure they have their cell phone charged and wear something with pockets so it doesn’t get lost.
- Do they anticipate drinking? Will they be with friends who are drinking?
- If they do drink...limit the number of drinks, pace throughout the long day, look out for each other, and do not succumb to peer pressure to drink more.
- If they live off campus, have they made plans for getting home? (Shuttles, A.S. Safe Rides, Uber, or Lyft are available all evening)
- Underscore the importance of moderation and responsibility. Students who are intoxicated will be subject to disciplinary action.

Sun God Festival is a day of fun and community and it is up to all of the students to keep the event safe and memorable. As parents you continue to be the biggest influence in your student’s lives and they will listen. Thank you for your support.

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<th>Sun God Festival Website</th>
<th><a href="http://sungodfestival.ucsd.edu">http://sungodfestival.ucsd.edu</a></th>
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<tr>
<td>Student Health Services</td>
<td>(858) 534-3300 studenthealth.ucsd.edu</td>
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<td>Counseling &amp; Psych. Services</td>
<td>(858) 534-3755 caps.ucsd.edu</td>
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<td>Sexual Assault Resource Center</td>
<td>(858) 534-5793 sarc.ucsd.edu</td>
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<td>Alcoholics Anonymous</td>
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For questions, concerns or more information visit our website at studenthealth.ucsd.edu or contact: Lupe Samaniego-Kraus, MPH, e-mail: lsamanie@ucsd.edu, phone: (858) 534-3874.
All Campus Graduation Celebration

You are invited to join more than 2,000 attendees at ACGC for UC San Diego’s only all-campus commencement event! ACGC kicks off the UCSD Commencement Weekend by bringing together graduates from all 6 colleges with their families and friends to celebrate this amazing moment in their lives! Tickets are FREE to students participating in commencement weekend and $7/$12 for guests. To learn more, visit seniors.ucsd.edu/#acgc.

UC San Diego Grad Central

This is the place to find out about all the events and services the UCSD Bookstore has to offer for so many things that matter at this special time in your graduate’s life.

Check out The Zone’s Spring 2014 edition of The Good Life Magazine - a publication designed to help define your good life! The Good Life Magazine is UC San Diego’s online publication created upon the collaborative efforts of the Student Health & Well-Being Cluster to promote the health and well-being of UCSD students.

Included in this issue:
The Pursuit of The Good Life
Power of Positivity
Get Sunscreen Savvy
Want Fun in the Sun? Just Add Water!
Our Choices, Our Traditions, Our Sun God Festival
Food Arena
And more!

ACGC 2014: The Happiest Hour
FRIDAY, JUNE 13
5-7:30PM • RIMAC FIELD

ALL CAMPUS GRADUATION CELEBRATION

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Night at the Padres, June 6th
6 p.m. Western Metal Building, PETCO Park
| 7:05 p.m. Game Starts
Cheer for the ol’ home team and join the Triton Family for an exclusive pre-game reception atop the historic Western Metal Building at PETCO Park. Nick Woodman, Muir ’95, founder and CEO of GoPro (and recipient of this year’s Outstanding Alumnus Award) will throw out the first pitch. Get more information by clicking here.

June 14 & 15: Commencement Grad Shop
The UCSD Bookstore will have a conveniently located tent set up near your commencement ceremony with UCSD emblematic merchandise and souvenirs for sale. Look for the banners and directional signage that will lead you to the tent situated in the RIMAC outdoor plaza entrance - just south of Peet's coffee shop. See you there!

ALUMNI WEEKEND

2014

Triton Families Welcome!

Make Hotel Reservations Today for Commencement Weekend

Families are encouraged to make travel plans, hotel arrangements, and car rental reservations early. Approximately 4,000 undergraduate students graduate from UC San Diego each year, and therefore hotels in the area reach occupancy quickly.

UC San Diego Parent & Family Programs has partnered with Bartell Hotels to offer parents, students, families, alumni, and friends reduced hotel rates at some of the finest properties in San Diego. Every time you stay at one of the Bartell Hotels’ seven distinguished properties, they will donate a percentage of the total room cost to support student scholarships at UC San Diego and promote university events. To take advantage of these special rates and make a reservation for your family, call (800) 345-9995 or visit tritonfamilydestinations.com.