December Brings…Finals, Family & Friends

As the end of the quarter winds down, you will probably find that this is a very stressful time for your student. Students are feeling the pressure of the last week of class, final exams and plans for the winter break. This is a good time to make sure your student is prepared. Getting proper sleep, eating right, and taking small breaks from studying from time to time can help.

Here are a few tips:

- Be sure to let your student know you are proud of them, you recognize their hard work and that you love them.
- Understand that students may need some additional space as they prepare for exams OR students may become homesick and reach out for comfort during this stressful time.
- Offer support by calling, texting, sending emails or a care package.

I hope that you find this last newsletter of 2012 helpful. Wishing your family the BEST during this time of the year!

Laci Weeden
Director, Parent & Family Programs

Triton Family Gathers at Founders’ Day to Usher in New Campus Era

By Christine Clark

Pradeep K. Khosla was officially named UC San Diego’s eighth chancellor at investiture on November 16th.

Roger Revelle, one of the founding fathers of UC San Diego, once said that the way to the future may derive from honoring the past. This sentiment was echoed at UC San Diego’s Founders’ Day, which commemorated the day the campus was officially founded in 1960. (Article continued on page 3).
### Hillel of San Diego at UCSD:
Jewish Life on Campus

Students from ASB Trip to Nicaragua 2012

Have your student apply for...Alternative Summer Break to Central America!

Spend a week next August in Central America volunteering and learning about our Jewish global obligation to do good in the world! Contact Felicia with more information at fpalmer@hillelsd.org.

### Just a few reminders from Student Health Services

For students who have not yet waived SHIP (Student Health Insurance Plan) for the 2012-2013 academic year - it’s not too late to request a waiver for Winter 2013 and Spring 2013. The Health Fee Waiver deadline for Winter 2013 is **Wednesday, December 19th, 2012** - which is also the last day to pay registration fees without a late fee. Please visit the Student Health Service website at [http://studenthealth.ucsd.edu/shipwaiver.shtml](http://studenthealth.ucsd.edu/shipwaiver.shtml) for more details about the waiver.

**Student Health Hours (Winter Break Schedule):**

Student Health will be **open** 8:00 a.m. to 4:00 p.m. Monday - Friday beginning Mon., Dec. 17th through Fri., Dec. 28th. Student Health will be **closed** on 12/ 24, 12/25, 12/31 & 1/1. Student Health returns to regular hours on Wednesday, 1/2.

The Advice Nurse is available by phone at all times when Student Health is closed. Call (858) 534-3300 and choose the Advice Nurse option.

As a reminder, a written referral from Student Health Services is required prior to all non-emergency medical care, including services obtained during the holiday break. Please call the SHS Insurance Office at 858-534-2124 with any questions regarding how to access medical care during the break.

### UC San Diego All-Campus Thanksgiving- a Delicious Success!

Although some of the students were unable to be with their families this Thanksgiving, we are thankful for the 200+ students who joined us last Thursday at the All Campus Thanksgiving Feast. Their energy and excitement made this event a huge success, not to mention their skills pie making, turkey bowling, and posing for the Thanksgiving themed photo booth. You can check out some of the pictures from the event by [clicking here](http://studenthealth.ucsd.edu/shipwaiver.shtml).

### The Secret Cookie Service

Finals are near! Your mission, if you choose to accept it, is to send your UCSD student cookies! Any order placed for a student will be charged with student pricing just this month! Cookies are 4 for $5, milk is $1.50, and delivery is $1 on campus or $2 off campus! Call us to ask about mail-order cookies to send to your family over the holidays!

To see order your cookies, or to learn more, visit [thesecretcookieservice.com](http://thesecretcookieservice.com) or our Facebook page. To order, call / text 727-487-2782 and tell us:

1) How many cookies and which types (must be in multiples of 2)
2) The Drop Point address
3) Your contact number or the number of the recipient

### Important Dates:

- **Final Exams - 12/10 - 12/15**
- Residence Halls close on 12/16 at Noon. Apartments remain open over winter break.
- **Dining contract ends with lunch on 12/15.**
As we head into the holiday season, we at UC San Diego are reminded how fortunate we are to have the generous support of parents and families who help broaden the academic enrichment and student affairs programming that are the hallmark of the student experience. Just as importantly, we know that by giving to UC San Diego, Triton families set an example of philanthropy for future generations.

According to the Fidelity Charitable Giving Season Survey, two-thirds of American donors describe giving as a holiday tradition in their family. Of those surveyed, 82 percent agreed that their parents taught them to give and 78 percent have taught or are teaching their children to give. When parents and families give to UC San Diego, they send a message that they believe in the value of our university and the potential of our students. They create a lasting legacy.

For the Gambee family, their UC San Diego legacy began 35 years ago when they established an endowed scholarship in their son’s memory. David Gambee was an undergraduate student attending UC San Diego when he tragically died in an automobile accident. David’s family and friends created the David Jay Gambee Memorial Scholarship to support students involved in a research project focused on areas that David loved, including ecological values, the environment, student government, music and photography.

“It is absolutely wonderful to hear about the impressive work that students are able to complete with this scholarship in David’s name,” said his mother, Nancy Gambee. Over the years, she has received letters and updates from many grateful students. “Going to college is not merely about getting a job. It is about discovering your ability and where you fit into the wider governance of the country,” she added. Kira James is one of the many students who has benefitted from the Gambee Memorial Scholarship.

Thank you to all of the parents and families who have contributed to UC San Diego in 2012. Whether you choose to support scholarships, your student’s college or division, or another area of campus that inspires you, we greatly appreciate your contributions. If you haven’t given yet, please consider making a year-end gift to the Parents Innovation Fund. If received before December 31, 2012, your gift can be deducted from your 2012 federal income taxes.

Before Khosla took the stage for his investiture, attendees enjoyed a multimedia recounting of UC San Diego’s history through the tenures of the university’s previous seven chancellors.

“Our founders had the goal of establishing an experimental campus,” Khosla said. “One that would define the future of education and research. Their vision, their work and their successes led us on an upward trajectory to where we are today.”

To read more about Founders’ Day and Chancellor Khosla, click here to read the full article from thisweek@ucsdiego
Marshall College Resident Advisors Wanted

Marshall College is looking for enthusiastic student leaders to be Resident Advisors (RAs) for the 2013-2014 academic year. RAs have the responsibility of fostering a welcoming, safe, and inclusive community for all students. RAs inspire student involvement and encourage student development through educational, cultural and social awareness activities. RAs work closely with Marshall College staff and are able to build lasting connections to the College. If your student may be interested, please encourage them to find out more information on the TMC Residential Life website.

UC San Diego Most Vegan-Friendly Campus

UC San Diego was named the most vegan-friendly large school in the country by the People for the Ethical Treatment of Animals (PETA). According to Peta2, PETA's youth division, UCSD's Roots Eatery helped it top 31 other large colleges, including Cornell University, UC Berkeley and UCLA in the annual competition in which thousands voted. Click here to learn more.

ArtPower!

This season ArtPower! set a goal of raising $200,000 for the Endowment before the start of our 2013-14 multi-arts season. Donations made to the Chamber Music Series Endowment Fund through December 31, 2012 will have double the impact, thanks to a challenge grant from Joan and Irwin Jacobs and Rita and Richard Atkinson. Through community support and our inaugural Big Bang at ArtPower! fundraising event, we are three-quarters of the way to meeting our goal. But we still need your help!

To make a gift before the end of the year and take advantage of the matching funds, please give online at http://www.artpwr.com/sections/donate/pages/donate_now or call 858.534.7657.

Greek Life Update

Greek Life has had an exciting and busy fall from recruitment to Greek Week! During the first two weeks of school, our chapters were busy marketing on the benefits of Going Greek. Then week three, during the formal recruitment process, our community extended bids and took in over 650 new members! Our PanHellenic sororities took around 350 new members, the Interfraternity Council 270 new members, and the Multicultural Greek Council fraternities and sororities 85 new members.

Shortly following recruitment, the community hosted Greek Week! Greek Week is a week of friendly competition where all three councils come together as a community to raise awareness and support for a local charity. Greek Week activities included an Olympic-themed opening ceremony, BBQ lunch, field competition day, and a closing dance. This year, the community chose the Muscular Dystrophy Association of San Diego and raised $2,000! Greek Week brought our community together and showed the new members the power and support of this new community they have joined!

In looking ahead to Winter Quarter, our Greek Community will elect new officers within each chapter and council. For the first time, our chapter will complete REACH, the Recognition of Excellence and Achievement accreditation program. REACH is a way for us to promote the great things our chapters are doing locally and nationally. The accomplishments of this last year will be recognized at the Greek Awards Banquet in February. It will be exciting to award our members for all their hard work!