**WELCOME**

Greetings!

For our families that are new to UC San Diego, welcome to the Triton Family! For our returning families, welcome back – we hope you have had a great summer so far. Parent & Family Programs is providing this e-mail to help you and your family with a list of reminders, considerations, and points of interest. This email contains several highlights of items parents and families should be aware of, but for more detailed information visit our Parent & Family Programs Web site, view our University Parent & Family Guide, call our Parents’ Helpline at (858) 534-7273, or email us at parents@ucsd.edu.

**Resources for Parents!**

We have a calendar for UC San Diego parents and families – “Supporting Triton Transitions,” that contains helpful dates and deadlines, suggestion conversation starters and tips to help your student, and included some great pictures of UC San Diego. To buy your copy today, click here. Calendars are $5 and will be mailed to your home once your order is received. Available while supplies last! PLEASE NOTE: If you are attending orientation on campus, then you will automatically receive one.

Also, if you have a student who will be living on campus, don’t forget to pay your deposit of $650 by June 30, 2014. Click here to learn more.

We will be in touch later in the summer with a few more reminders and we will also begin our monthly Triton Family Connection e-newsletter in September. In the meantime, read on for some valuable information and tips!

Best wishes for the 2014-2015 academic year!

Laci Weeden
Director, Parent & Family Programs

**SUMMER SEND-OFFS**

**Summer Send Offs – Coming to a City Near You**

Early next month, UCSD Alumni is hosting a variety of celebratory receptions around the country and beyond to welcome you to the Triton family. This is a unique opportunity for you to meet fellow families from your region, who like you, have students starting their Triton journey this fall. You’ll also connect with alumni to hear stories about their time at UC San Diego, their personal and professional paths after graduation and a few words of advice. Learn more and register here.

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<tbody>
<tr>
<td>Los Angeles</td>
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<td>Sunday, September 14, 2014</td>
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**STUDENT LEADERSHIP SUMMIT**

Incoming Students! Please join us for the EDI Student Leadership Summit! The Student Leadership Summit is an event that provides a platform from which to address issues that impact various student communities. The summit is designed for incoming students to help in the transition to UC San Diego while fostering leadership development. Through workshops and large plenary sessions, the summit will promote academic excellence while cultivating community, and developing student leaders.

**GLOBAL AMBASSADORS PROGRAM**

*Global Ambassadors Program (GAP) - Get Involved Early!*

The Global Ambassadors Program (GAP) is a year-long peer mentoring program designed to assist incoming undergraduate international and out-of-state students in acclimating to a new environment and making a smooth transition into university life. GAP Mentors provide friendly support in order to engage undergraduate non-resident students and help them create solid relationships within the UC San Diego campus.

GAP Mentors introduce incoming international and out-of-state students to life at UCSD through pre-arrival communication, yearlong peer mentoring, campus life and academic workshops, and social gatherings! We are looking for incoming freshman interested in participating as mentees! Join GAP now to make new friends and learn about life as a student before you even arrive on campus!

**Learn more about the GAP program and apply online to be a GAP Mentee:**

http://nonresidentinfo.ucsd.edu/

**COFFEE WITH A PROF (CWAP)**

*“Coffee With a Prof” is back!!!*

The launch last quarter of this program was an overwhelming success!!

We are very happy with the student/faculty participation and will continue CWAP for the Fall Quarter 2014.

Please stop by any college Student Affairs Office to pick up your voucher. All students are welcome to participate. All colleges are included. Please take advantage of this great opportunity to get to know your faculty member by visiting over a free cup of coffee!

This program is for you!!! We encourage you to participate and enjoy the opportunity!

**Program Premise:**

Coffee-with-a-Prof is a program sponsored by the Offices of the College Deans of Student Affairs’ and is funded by The Office of the Vice Chancellor of Student Affairs. It allows students to invite a professor,
Welcome to the Triton Family

facultty member, or graduate teaching assistant out to coffee or tea at one of the participating coffee vendors. It encourages students to cultivate a student-professor or T.A. relationship outside of the classroom in a more casual setting.

Program Process:
We will provide each student with a beverage voucher to be turned into any participating coffee vendor at the time of their visit. Each student may participate twice per quarter. Student must have verification that their invitation was accepted by their Professor or T.A., along with the date they have arranged to go (the week of it is fine) BEFORE they request a voucher.

Participating Vendors:

- Art of Espresso Café
- Cups Outdoor Café
- Fairbanks
- Perks
- Muir Woods Coffee House

NEW PARENT ORIENTATION

Attend First-Year Parent Orientation with your son or daughter’s College. Register by visiting http://newparent.ucsd.edu. If you’ve already attended, we hope you found it helpful in preparing for your student’s transition. If you have any questions, please feel free to contact the Parents’ Helpline at (858) 534-7273 or parents@ucsd.edu.

PARENT AND FAMILY GIVING

We are excited to welcome Sumner Paterson as the Associate Director of Parent & Family Giving! In her new role, Sumner will be a resource to all parents and will help connect you with opportunities to support and enrich your student’s experience. We have some wonderful upcoming programming and ways to be involved, such as the Triton Parent & Family Ambassadors and the Parent & Family Giving Council. Sumner looks forward to sharing these updates—and hopes to meet you during Family Weekend, October 24-26!

Please feel free to contact Sumner at sumner@ucsd.edu or (858) 822-3867 for more information about getting involved with Parent and Family Giving. You can also learn more by visiting parentfamilygiving.ucsd.edu.

UCSD Hillel

Hillel of San Diego at UCSD’s Summer Spectacular!

Though it’s a little quieter on campus, the fun still continues with Hillel this summer. We’re bringing UCSD Hillel up to Malibu for an incoming student retreat at the Shalom Institute! A full 36 hours of fun
Welcome to the Triton Family | 2014

Welcome to the Triton Family! The Triton Family’s annual Welcome Week (including beach BBQ, ropes course, and more) is happening on September 16-17. New students and returning students mingle, relax, and eat at our Beach BBQ Bash on September 17 at Leo Carrillo State Park. More details and register at www.hillelsd.org/ucsd.

We're also busy planning to officially welcome students back in the fall! On Sunday, August 28, we have our third annual Welcome Brunch for students and their families. RSVP here for a nosh and schmooze to kick off the year!! This is a great moment for new students and their parents to meet new and returning families, chat with Hillel staff, and find out about the amazing opportunities Hillel and the Jewish community at UCSD have to offer! RSVP by visiting www.hillelsd.org/ucsd.

Wondering about what’s in store for the Jewish High Holidays on campus? The Union of Jewish Students and Hillel have you covered! Yom Kippur begins at sundown on Friday, October 3. We're hosting a pre-fast meal, Kol Nidre service! Saturday includes other opportunities all throughout the day culminating with a break the fast. Check out www.hillelsd.org for more information, as well as other Welcome Week activities, Sukkot celebrations, and more!

Questions? Email Felicia Palmer, interim director at fpalmer@hillelsd.org

HEALTH MATTERS

Below are some friendly reminders from Student Health Services. If you have any questions or concerns, or would like to contact the Student Health Services staff, please visit their Web site or call the main office line at (858) 534-3300.

Please send a copy of your son/daughters vaccination records with them.

-When buying dorm and school supplies please remember to include a thermometer. When your son/daughter calls in sick, the first question asked is usually, “Do you have a fever?” Also SHS sells a “Get Well” Kit for $5 and it includes a thermometer, cough medicine, acetaminophen and tissue.

UCSHIP—The Best Health Insurance Option You Can Find—Undergraduates at UC San Diego can receive coverage through the UC system-wide insurance plan. The benefit structure is tremendous—all primary care visits, routine immunizations and lab tests at Student Health are completely covered by the plan. This means that your student will have no out-of-pocket costs for appointments and related labs and/or routine immunizations obtained at Student Health Services. The 2014-2015 UC Student Health Insurance Plan is $544 per quarter for undergraduate, $1067 per quarter for graduate students.

The Student Health Insurance Office would like to remind you of the following:

- Enrollment in UC SHIP is automatic for all registered students
- Students with qualifying insurance may opt out by submitting a Health Fee Waiver application
- The Health Fee Waiver deadline is September 26th
- A new waiver must be submitted each new academic year

Students who waive UCSHIP are encouraged to enroll in RAFT, a pre-paid access to Student Health Services. RAFT is $50 per quarter and provides many convenient primary care services at SHS at no additional cost.
Visit [http://studenthealth.ucsd.edu/ucshipabout.shtml](http://studenthealth.ucsd.edu/ucshipabout.shtml) for more information about UCSHIP, RAFT and the Health Fee Waiver.

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**UC SAN DIEGO BOOKSTORE**

Hello and Welcome to the Triton Family!

Because a lot is happening in your life right now, the UC San Diego Bookstore thought you'd appreciate receiving these important bits of information that'll save you time, money, and make your life a lot easier at the beginning of your first fall quarter.


   **TEXTBOOKS & eBooks:**
   Purchase from inside the UCSD Bookstore textbook department located on the first floor and online too. eBooks purchased from the UCSD Bookstore website have the same content as print books, include page numbers for following assignments, have search functions to easily locate topics, includes highlight, note taking and printing tools, works on PC, Mac, iPad, iPhone and Android devices, and is available online and offline. eBooks are subscription based. Access expires at the end of the subscription period.

   **RENT:**
   Rent from inside the UCSD Bookstore textbook department located on the first floor and online too. Prices and availability may vary between online rental books and inside the store.

   **WE CAN HELP:**
   Bring your textbook list into the UCSD Bookstore and the staff will help you find your books. Log into [My TritonLink](https://mytritonlink.ucsd.edu/), view your class schedule, click on “All My Books,” and print out your book list. Most of the UCSD Bookstore staff are students just like you! Dropping and/or changing classes? Returns and refunds are easy.

2. **APPLE DEALS @ the UCSD Bookstore Computer Store**

   * Get a $100 gift card to the Apple App Store with any qualifying Mac purchase (through Sept. 9; except Mac Mini.)
   * Get a $50 gift card to the Apple App Store with any iPad purchase (through Sept. 9)
   * Take $50 off 13” MacBook Air (model MD761LL/B; limited time offer)
   * Receive $30 off the retail price of any iPad Air and $20 off the retail price of the
Welcome to the Triton Family

iPad with Retina display, the iPad Mini with Retina display, and the iPad Mini (through Sept. 27) must be a UCSD affiliate. Personal purchases only. We’re an Apple Authorized Campus Store.

You can rely on the expert service and support you’ll receive from the UCSD Computer Store staff. Choose to have your computer shipped to your home now so you’re ready to hit the ground running when fall quarter starts. We also carry Dell, Lenovo, Asus and HP computers and tablets.

Students eligible for financial aid may qualify to receive computer purchasing assistance details. The UCSD Bookstore provides quotes for the UCSD Financial Aid office and processes approved disbursements for computer purchases.

3. Rent a combo microwave/refrigerator/freezer for your apartment or room:
   New and used pricing + free delivery and pick up at the beginning and end of the academic year.

4. We’re throwing a party just for you inside the UCSD Bookstore!
   Take a break from moving - visit us Saturday, Sept. 27 and Sunday, 28. You’ll receive special discounts, refreshments, deals, and networking opportunities with UCSD Alumni. click for details

Congratulations and we’ll see you in September!

P.S. Please don’t hesitate to contact us - it’d be great to hear from you!
   Check it out = 52 weeks of contests and insider access. Convenient hours.
   Inside the UCSD Bookstore all forms of payment are accepted including UCSD Student Accounts.

7th ANNUAL FAMILY WEEKEND – October 24-26, 2014

A TRITON FAMILY TRADITION! Join us for this special campus-wide event created just for families. UC San Diego invites you to spend the weekend with your student, have fun, and learn more about the UCSD experience. Make sure to read through the weekend’s highlights on our Triton Talk Newsletter (which you will receive in your mailbox in late August), to plan your family’s stay in San Diego. Be prepared for tons of Triton Fun! Registration will be available August 1st. Check the Family Weekend 2014 website for more details.

Visiting San Diego?!

UC San Diego Parent & Family Programs has partnered with Bartell Hotels to offer parents, students, families, alumni, and friends reduced hotel rates at some of the finest properties in San Diego. Every time you stay at one of the Bartell Hotels’ seven distinguished properties, they will donate a percentage of that total room cost to support programs and events at UC San Diego.
To take advantage of these special rates and make a reservation for your family, call (800) 345-9995 or visit tritonfamilydestinations.com.

<table>
<thead>
<tr>
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<tr>
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