Parents play a critical role in the lives of students and the nature of that relationship will change during the transition to college alignment with students’ emerging adulthood (Lowe & Dotter, 2018). There is a modest positive relationship between parental attachment and college adjustment (Mattanah, Lopez, & Govern, 2011).

Parents can leverage the family’s assets to support their student. For example, cultural community wealth (Yosso, 2005)

- **Parental-Coaching**: observant role of life coach and demonstrated trust and respect allowing students autonomy for independent thinking and decisions, only giving suggestions if asked; changed in role is observed through campus program assessment
- **Financial Awareness**: families of first-generation students have various financial backgrounds, though most are from low income background
- **Community Support**: appreciation for family support is observed in campus program assessment
- **Academic Support**: parental support is associated with academic adjustment and success; home involvement - parents have always been involved with their students homework and academics